



T A B I T H A J A M E S K R A A N

O R G A N I C H A I R D R E S S I N G

My name is Tabitha James-Kraan, I have been in the industry for 27 years. Having had my hair and make-up salon for the last 20 years, it was when I became pregnant with my first son that I completely changed how I work and developed the concept of Organic hairdressing.

For the last 14 years I have been working passionately with women to approach their look holistically and with the use of Natural and Organic products, so everything from colouring your hair to how not wash the life out of your hair to how to apply good make-up. <http://www.tabithajameskraan.co.uk/brush-yourhair-clean/>

### **Presenting yourself for Camera**

It is very important to look like a polished version of yourself. You want to feel like you but at your most confident. Your hair should be groomed or tamed to complement your face shape and not be hanging in your face, your eyes should be visual and clear of hair. If you wear your hair coloured make sure you don't have roots, so get your colour done. Invest in a great blow dry, you won't regret how this makes you look and feel.

Your make-up is very important. You should not look over made up, *your not on strictly*, it's important your audience sees you, not the make-up. Nothing looks worse than looking at a face that looks the wrong colour because of badly matched make-up. It is vital that your skin tone looks even and matches your neck and the rest of your body or the difference will stick out like a saw thumb. A good tip is to test it on the inside of your wrist.

A brand that I love working with because of its ability to match all skin tones perfectly is RMS beauty, an Organic make-up range that is even made to raw food standards. Designed by Rosemary Swift, a make-up artist based in New York, she wanted to make a range that really worked on camera but wasn't loaded with chemicals. I would recommend the following to complete your look;

### **Tiana extra virgin coconut oil**



First things first, make sure your face is clean and well moisturised about 20mins (at least) before you start to apply any make-up. This product can do both, apply a small amount to your finger tips and massage into the face, lifting make-up whilst deeply cleansing the face, use a warm flannel or muslin cloth to remove. You can use a small amount more to moisturise the skin afterwards. This product is great for travelling.

<http://www.tabithajameskraan.co.uk/product/cleansers/pure-virgin-coconut-oil/>



### RMS Beauty 'Un' Cover-up Concealer

'Un' Cover-Up can be used as a concealer or a light foundation. It moisturises the skin and provides a subtle coverage. You can even go without moisturiser – this concealer contains all the ingredients to treat your skin as it covers.

<http://www.tabithajameskraan.co.uk/product/face/rms-beauty-un-cover-up/>

### Rms Beauty Living Luminizer

Living Luminizer is a must-have product and one of our best sellers. This formula is the ultimate illuminator to create a healthy, sheer, glowing look to the skin. Best of all, it enhances the skin's natural youthfulness without being sticky, greasy or glittery. This product instantly adds life to the face.

<http://www.tabithajameskraan.co.uk/product/face/living-luminizer/>



### RMS Beauty 'Un' Powder

*The one and only powder you will ever need. Its ultra-fine texture is the essential finish to perfect-looking skin.*

Made from only the purest silica, RMS Beauty's 'Un' Powder is the perfect last step in your beauty routine. Designed to mattify, unify, blur imperfections and grant a beautiful soft focus finish, this lightweight loose powder sets your make-up for a flawless freshness that lasts. A brilliant way to 'revive' your complexion post-work/pre-party the translucent, one-shade-fits all colour leaves no chalky residue while the barely there texture minimises pores without suffocating your complexion. A true handbag must-have!

<http://www.tabithajameskraan.co.uk/product/face/rms-beauty-unpowder/>

### RMS Beauty Lip2Cheek



A unique formula that combines hydration and protection with abundant mineral colour for a beautiful, natural finish on both lips or cheeks. Organic make up at its best.

<http://www.tabithajameskraan.co.uk/product/cheeks/rms-beauty-lip2cheek/>

## Dr.Hauschka Volume Mascara

Dr.Hauschka's new Volume Mascaras create thick, intense lashes. The special lash-building brush also helps to prevent eyelashes from clumping.

<http://www.tabithajameskraan.co.uk/product/eyes/dr-hauschka-volume-mascara/>



## Final tip

A good tip that we often forget about is having your eyebrows groomed properly, tinting and shaping can completely open up your eyes and take years off you. A pale untamed eyebrow can be a sign of age as our eyebrows often fade with age and become bushier. Little things like this can really give you confidence so you can feel fabulous in your own skin.

As a member of the Janey Lee Grace Masterclass we are offering you a rare opportunity to purchase any of these and many other lovely handpicked organic & natural products from my website. Please use Discount Coupon code: *imperfectlynatural* when you check out to receive 15% discount on your total order.

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